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# Paragon's STOMP II Medical Pack (56k Warning!)

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Posts: 742

Joined: Sun Apr 13, 2008

11:06 pm

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## Paragon's STOMP II Medical Pack (56k Warning!)

Dby Paragon » Tue Aug 19, 2008 1:46 pm

It was actually a couple of weeks ago that I said I'd post my STOMP II pack, although it took me a lot longer than I expected to transfer everything over from my Excel file. My photographic skills suck, although I tend to be pretty OCD about that kind of thing, so the pictures took me a lot longer than I hoped they would. I did notice today there are a few things that I missed in the process of organizing/reorganizing everything, but I'll try to catch those on the next pass.

One of the things that I thought would be helpful was to incorporate hyperlinks into all the item descriptions. While hopefully this will be useful to someone, it definitely turned into a major PITA, and there were more than a few times that I had pretty much decided to punt. I started to get lazy, so the links aren't necessarily the cheapest ones on the internet, but provide further descriptions of many of the items. I'm also sure it won't take very long for a bunch of the links to become 404 errors, but I'll try to keep things updated as they change. Then again, Google probably isn't going belly-up anytime soon, so you can always try that if a link is dead.

I've always enjoyed looking at pictures of everyone's stuff, so I've included plenty in this post. If you didn't heed the dialup warning, you're pretty much screwed - you might as well go buy a case of beer and check back in a few days. If there's something that I missed that you want to see (unlikely, considering that I exceed the thread limit of 60,000 characters by 50% and had to spread this out over two posts) let me know and I'll do my best to add it.

As you work your way through the pictures and item descriptions, you'll probably have a few questions:

- 1). No, I don't plan on carrying this thing around on my back if I need to bug out on foot. Although I easily could if this were all I needed to carry (it only weighs about half as much as my BoB) this is simply my attempt to centrally organize a home-based, ALS/BLS FAK that I could throw into the car on short notice. I have several other FAK modules that I take to the range, keep stored in my vehicles, my BoB, and my GHB.
- 2). Although I'm familiar with the use of everything shown here, I don't work in the medical

field, nor do I ever plan to, and I am certainly not certified to use everything that I have. Hell, several of the items in my pack are even off limits to working paramedics without an online order from a physician. Many of the more advanced items shown I've only used on medical mannequins, and would likely never use on a living/breathing person except for in a PAW scenario. I feel that my current training is *adequate* and I certainly plan to continue to learn as much as I can and practice my skills, although several of the prescription items are for my own personal use only, while others are only for my immediate family, or very, very close friends, and only then in a PAW scenario where qualified medical assistance is unavailable. For a full list of my formal training and current medical certifications, feel free to refer to this thread.

- 3). No, I certainly don't drive around looking for traffic accidents, checking under bridges for crack addicts and the homeless, or monitor police scanners to practice needle decompressions on GSW victims -- go back and read #2 again until this point is clear.
- 4). As I've mentioned before, there are a bunch of physicians and surgeons that live in my neighborhood, although of the ones that I hang out with, only one (an ER surgeon) maintains anything close to a comprehensive medical kit in his car. In a PAW or other natural disaster, my STOMP II could realistically become the only viable source of medical supplies and equipment for myself and my neighbors.

While I feel this FAK is fairly comprehensive, there are a few more things that I would like to add eventually. I don't current have a pulse oximeter (having never received training in the use of one) but I feel this may be of some benefit in the future. I would also like to add an AED, and perhaps a D cylinder (415 liter) oxygen cylinder.

So anyway sit back, pour yourself a cold one, and take a look...

# Blackhawk® STOMP II Medical Pack



- 1 x Blackhawk® STOMP II Medical Pack, 20" x 10" x 13", 2,600 cu in (43L), #60MP01BK
- 2 x Blackhawk® 3-Day Assault Pack Accessory Pouch, 5" x 15", 300 cu in (5.0L), #603DAPBK
- 1 x Blackhawk® CSS Compression Stuff Sack, 9" x 29", 1,850 cu in (30.5L), #22CS01BK
- 1 x <u>Tactical Trauma Pack</u>, 8" x 6.5" x 3", 156 cu in (2.6L)

Panels #1 & #2



Panel #1, Mesh Pocket, Top (Burn & Blister Care)



Panel #1, Mesh Pocket, Top (Burn Kit)



- 2 x Spenco® Second Skin® Moist Burn Pads, Sterile, 1.5" x 2" (3 Pads/Pkg)
- 2 x Minigrip® Poly Bag
- 1 x Water Jel® Burn Jel Plus®, 4 fl oz
  - 12 x Water Jel® Burn Jel®, 2% Lidocaine HCl, 3.5g
- 1 x Elkay® Specialty Poly Bag
- 1 x Water Jel® Burn Spray w/ 2% Lidocaine, 2 oz
- 2 x Water Jel® Burn Dressing, Sterile, 2" x 6"
- 2 x Water Jel® Burn Dressing, Sterile, 4" x 4"
- 1 x Water Jel® Burn Dressing, Sterile, 4" x 16"
- 1 x Water Jel® Burn Dressing, Sterile, 8" x 18"
- 1 x Water Jel® Burn Dressing, Sterile, 12" x1 6"

Panel #1, Mesh Pocket, Top (Blister & Sunburn Care)



#### 1 x Blist-O-Ban Variety Pack:

- 2 x Small (5/8" Wound)
- 2 x Medium (1" Wound)
- 2 x Large (1 1/2" Wound)
- 1 x Dynarex® Alcohol Prep Pad, Large

#### 1 x Elkay® Specialty Poly Bag

- 4 x Spyroflex® Skin Savers, Square, 2" x 2"
- 4 x Spyroflex® Skin Savers, Kidney, 1.5" x 3"

#### 1 x Minigrip® Mini Poly Bag

- 3 x Spyroflex® Sterile Hydrogel Burn Dressing, 2" x 2"
- 5 x Spyroflex® Sterile Blister Dressing, 2" x 2"
- 2 x Spyroflex® Sterile Abrasion Dressing, 4" x 4"

- 2 x Dr Scholl's™ Molefoam® Padding, 4 1/8" x 3 3/8"
- 2 x Dr Scholl's™ Moleskin® Padding, 4 5/8" x 3 3/8"
- 6 x Sepp® Benzoin Tincture USP Ampoules, 0.67mL
- 1 x Ziploc® Quart Poly Bag
  - 1 x Coppertone™ Sport OVA / USB Sun Block, SPF 30, 1 oz
  - 2 x Tender's After-Burn Aloe Vera Gel with Lidocaine, 1 oz
- 1 x Ziploc® Specialty Poly Bag (4" x 5 1/2")
- 2 x OmniGlow® Cyalume® Instant Lightsticks, 6", 12 Hour, Yellow

# Panel #1, Mesh Pocket, Bottom (PPE & Surgical Tape)



- 3 x MEDShields Optically Clear Eye Shields
- 3 x 3M 9210 NIOSH Respirator Mask, N95 Particulate, Flat Packaging

- 6 x 3M Nexcare™ Earloop Mask, Latex Free, 3 Layer
  - 2 PR x Medline Non-Skid SMS Shoe Covers, Sport, Latex Free, Regular (To Size 12)
- 2 x Elkay® Specialty Poly Bag
  - 12 PR x NARP™ Black Talon Nitrile Gloves, L
- 1 x Elkay® Large Specialty Poly Bag
  - 12 x Vionex® Antimicrobial Skin Wipe Towelettes
- 1 x Elkay® Specialty Poly Bag
- 2 x Wound Irrigation Shield, Dual Exit Portals
  - 1 x Vionex® Antimicrobial No-Rinse Gel, 4 fl oz
- 1 x Elkay® Specialty Poly Bag
  - 6 x 3M Durapore™ Surgical Tape, 1" x 10 yds
- 1 x Elkay® Large Specialty Poly Bag
  - 6 x 3M Durapore™ Surgical Tape, 2" x 10 yds
- 1 x Ziploc® Quart Poly Bag
- 3 x <u>Surgical Scrub Brush</u> (E-Z Scrub® 160), Dry (Located in RH 3-Day Assault Pack Accessory Pouch)

Panel #2, Elastic Loop Retainers, Top Row (Tourniquet / Wound Irrigation / CPR / PPE)



- 1 x SOF™ Tactical Tourniquet (SOF-T), Black
- 2 x Sodium Chloride 0.9% Normal Saline (For Wound Irrigation), 250mL
- 1 x Hydrogen Peroxide Solution, USP, 250mL
- 1 x Waterproof Container w/ Lanyard, O-Ring Seal, Day-Glo Orange
- 1 x Dynarex® CPR Mask w/ One Way Valve, Sterile
  - 10 PR x Nitrile Exam Gloves
- 1 x Minigrip® Mini Poly Bag
- 1 x Purell® Hand Sanitizer w/ Lanyard, 1 fl oz

Panel #2, Elastic Loop Retainers, Bottom Row (Surgical Instruments / Diagnostics / Anaphylactic Shock)

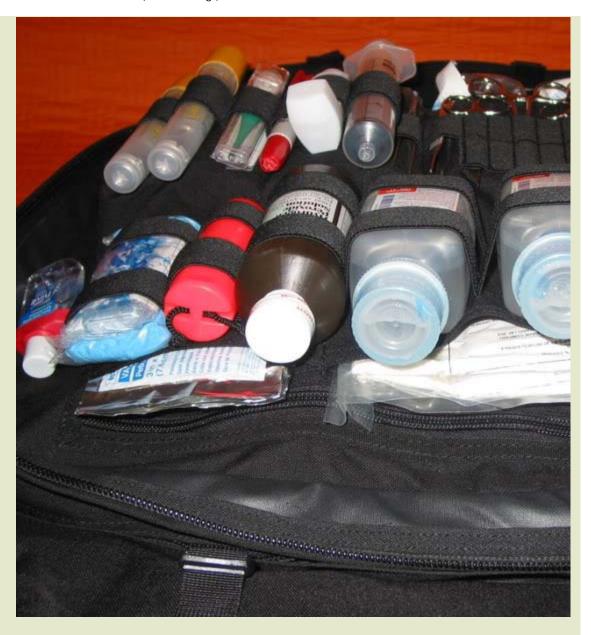
#### Surgical Instruments:

- 1 x Operating Scissors, Straight, Sharp/Blunt, Stainless Steel, 5 1/2"
- 1 x Lister Bandage Scissors, Stainless Steel, 4 1/2"
- 1 x Kelly Forceps, Straight, Stainless Steel, 5 1/2"
- 1 x Littauer Stitch Scissors, Stainless Steel, 4 1/2"
- 1 x Kelly Forceps, Curved, Stainless Steel, 5 1/2"
- 1 x Iris Scissors, Straight, Stainless Steel, 4 1/2"
- 1 x Adson Tissue Forceps, 1 x 2 Teeth, Stainless Steel, 4 3/4"
- 1 x Plain Splinter Forceps, Serrated, Stainless Steel, 4 1/2"
- 1 x BD® Syringe, Non-Sterile, Slip Tip, #309654, 60cc (For Wound Irrigation Only)
- 1 x Albuterol Asthma Rescue Inhaler, 90 MCG INH, 17g
- 1 x Sharpie Super Twin-Tip Permanent Marker, Fine & Chisel Points, Red
- 1 x Mabis® Flexible Digital Thermometer, 89.6°F 107.6°F
- 6 x Mabis® Disposable Probe Covers
- 2 x EpiPen® (Epinephrine) Auto Injector, 0.3 mg

Panel #2, Slotted Pocket, Top, LH to RH (Massive Blood Loss)



- 2 x <u>Kendall® Kerlix™ Gauze Bandage</u>, Sterile, Large, 4.5" x 4.1 yds
- 2 x Kendall® Kerlix™ Gauze Bandage, Sterile, Large, 4.5" x 4.1 yds
- 1 x First Care® Israeli Emergency Trauma Dressing, Sterile, 6" Pad
- 1 x First Care® Israeli Emergency Trauma Dressing, Sterile, 6" w/ Sliding Pad
- 1 x First Care® Israeli Emergency Trauma Dressing, Sterile, 6" Pad
- 1 x First Care® Israeli <a href="Emergency Trauma Dressing">Emergency Trauma Dressing</a>, Sterile, 6" w/ Sliding Pad



Panel #2, Slotted Pocket, Bottom, LH 1/3 (Occlusive Dressings)

8 x Kendall® Vaseline™ Petrolatum Gauze Dressing, 3" x 9"

Panel #2, Slotted Pocket, Bottom, RH 2/3 (Trauma Dressings)

2 x <u>Chinook® Field Dressing/Pressure Pad</u>, Sterile, 100% Cotton, 7.5" x 8", 3" x 40" Elastic Ties



Panel #2, Zippered Slat Pocket (Massive Blood Loss)

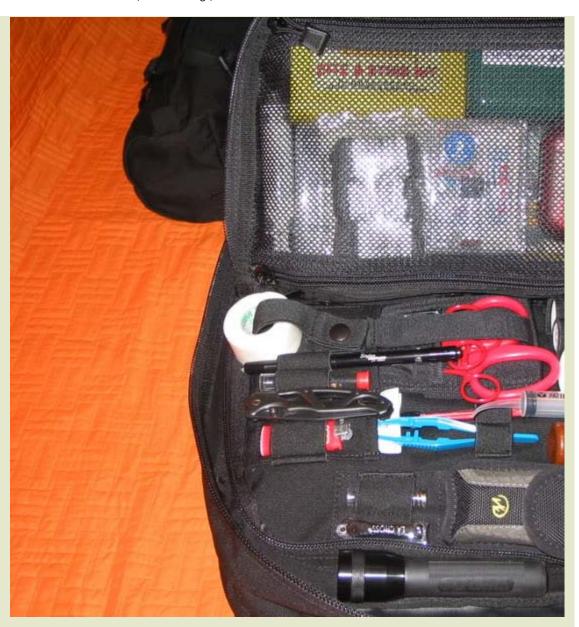
3 x QuikClot® 1st Response™ Advanced Clotting Sponge, Sterile, 25g

3 x Z-Pak Sterile Wound Dressing, 4.5" x 4.1 yds.

Panels #3 & #4



Panel #3, Zippered Pocket, Top



- 1 x Tylenol® Acetaminophen, Extra Strength, Coated EZ Tabs, 500 mg
- 1 x Bayer® Coated Aspirin, 325 mg
- 1 x Motrin® IB, Ibuprofen Tablets USP, NSAID, 200 mg
- 1 x Patterson Brand Irrigation Syringe, 18ga Curved Catheter, 12cc
- 1 x <u>Ipecac Syrup Oral Solution USP</u>, 1 fl oz
- 1 x LaCross® 3-Way Nail Clipper & File
- 1 x Uncle Bill's Sliver Gripper
- 1 x <u>DMC Embroidery Needles For Splinter Removal</u>, 18K Gold Plated, Assorted Sizes (1, 3, and 5)
- 1 x Plastic Splinter Forceps, Disposable, Blue
- 1 x <u>Streamlight® Scorpion® Tactical Flashlight</u>, Xenon Bulb, 2 CR123A 3V Batteries, Spare #85914 Xenon Bulb, 7,900 CP, 114 Lumens
- 1 x <u>Streamlight® Stylus®</u>, Black w/ White LED, Glare Guard, Pocket Clip, 3 AAAA Batteries, 10 Lumens

- 1 x Mini Bic™ Lighter, Red
- 1 x Gerber® Paraframe™ Folding Knife, 3.00" Serrated Locking Blade, Black Titanium Nitride
- 1 x <u>Gecko Grip™ Multipurpose Tape</u>, HD Laminated Polyethylene Cloth, 2" x 5 yds., Tactical Black
- 1 x Mini Pencils, #2, 3 1/4" x 1/8", Red
- 4 x Biofreeze Pain Relieving Gel, 5g

#### 1 x Magnum Medical® EMT Holster Set:

- 1 x EMT Trauma Shears, Red, 7 1/2"
- 1 x Kelly Forceps, 5 1/2", Red
- 1 x Lister Bandage Scissors, 5 1/2", Red
- 1 x Splinter Forceps, 4 1/2", Red
- 1 x Pupil Gauge Penlight, Red
- 1 x Cordura® Nylon Belt Holster, Black

#### 1 x Leatherman® Charge AL Multi-Tool, w/ Sheath:

- 1 x Needlenose Pliers
- 1 x Regular Pliers
- 1 x Wire Cutters
- 1 x Hard Wire Cutters
- 1 x Wire Stripper
- 1 x Large Bit Driver
- 1 x Small Bit Driver
- 1 x Large Screwdriver
- 1 x Bottle/Can Opener
- 1 x Diamond-Coated File
- 1 x Wood/Metal File
- 1 x 154CM Clip Point Knife
- 1 x Saw
- 1 x Serrated Knife
- 1 x Scissors
- 1 x Ruler (8")

#### 1 x Nylon Sheath

#### 1 x Leatherman® Bit Kit:

- 1 x Hex 1/16" & 0.050"
- 1 x Hex 1/8 & 7/64"
- 1 x Torx #10 & #15
- 1 x Torx #20 & #25
- 1 x Torx #27 & #30
- 1 x Phillips Screwdrivers #0 & #3
- 1 x Phillips Screwdrivers #1 & #2
- 1 x Slotted Screwdrivers 3/32" & 1/8"
- 1 x Slotted Screwdrivers 5/32" & 3/16"
- 1 x Slotted Screwdrivers 7/32" & 1/14"
- 1 x Phillips & Flat Tip Eyeglass Screwdriver

#### 1 x Plastic Clip

# Panel #3, Interior Mesh Pocket, Top (Dental Care, Vision Care, Bite & Sting Kit)



1 x Petzl® e+Lite® Emergency Headlight, (Economy, Maximum, Slow Flash, Red Flash, Red Maximum), 2 CR 2032 Lithium Batteries, 16 Lumens 2 x Duracell® 3V Lithium Battery, CR 2032 (Spare)

### 1 x $\underline{\text{DenTek}^{\circledR}}$ Emergency Dental Care Kit:

- 1 x Tooth & Crown Saver Container
- 3 x DenTek® Dual Action Interdental Cleaner
- 4 x Compressed Cotton Gauze Rolls, Non-sterile, 3/8" DIA x 1.5"
- 3 x Cotton Swab Applicators
- 1 x Wood Spatula
- 1 x Temparine® Temporary Filling Material
- 1 x Eugenol Toothache Medication (85% Oil of Cloves)
- 3 x Colgate® Orabase® Maximum Strength Oral Pain Reliever Paste, Benzocaine 20%, 0.5g

#### 1 x Plastic Storage Case, Hinged-Lid, Compartmentalized

- 1 x Emergency Vision Care Kit:
  - 1 x Visine® Advanced Relief Eye Drops, 0.28 oz
  - 1 x Ezy Care® Contact Lens Inserter/Remover (For Hard & Soft Lens)
  - 1 x Patterson Brand Irrigation Syringe, 18 GA Catheter, 20cc
  - 4 x FUL-GLO® Fluorescein Sodium Strip, USP, 0.6 mg
  - 3 x OcuFresh® Eye Wash Solution, Sterile, 20 mL each
  - 6 x Coverlet® Eye Occlusor, 2" x 3"
  - 1 x 3M Nexcare™ Transparent Plastic Eye Shield, Ventilated, 2.5" x 3"
  - 2 x Fox® Aluminum Eye Shield w/ Protective Cloth Cover

#### 1 x Goody's® Travel Container, Green

#### 1 x Sawyer® Bite & Sting Kit:

- 1 x Extractor™ Vacuum Pump
- 4 x Applicator Cups
- 1 x Safety Razor
- 2 x Alcohol Prep Pads
- 2 x Safetec® Sting Relief Towelettes
- 8 x GNC® Activated Charcoal Capsules (Venomous Toxin Poultice), 260 mg
- 3 x Bandages, 3/4" x 3"
- 1 x Sting Care™ Manual
- 1 x Plastic Storage Case, Hinged-Lid, 4 3/4" x 3 1/4" x 1 3/8"
- 1 x Compartmentalized Container, Small:
  - 1 x Puritan Medical Products Cotton Tipped Applicators, Sterile, 6" (two per package)
  - 1 x Johnson & Johnson First Aid Cream, 1.5 oz
  - 1 x Neosporin® First Aid Antibiotic Ointment, 1/2 oz
  - 1 x Dental Mirror, Plastic, Red
  - 1 x Colgate® Orabase® Maximum Strength Oral Pain Reliever Jel, Benzocaine 20%, 0.5g
  - 1 x <u>Colgate® Orabase® Maximum Strength Oral Pain Reliever Liquid</u>, Benzocaine 20%, 1mL
  - 1 x Ice Drops® Medicated Lip Balm, 0.11 oz
  - 1 x Dentek Temperin® Temporary Dental Filling
  - 1 x GUM® Orthodontic Wax
  - 1 x GUM® Dental Floss, Mint, 12 yds
- 1 x Plastic Storage Case, Hinged-Lid, Divided, 9" x 4 1/2" x 1 3/8", Clear
- 1 x Compartmentalized Container, Medium (Located Under Mesh Pocket):
  - 1 x Plastic Jar, 1/8 oz (Contents TBD)
  - 1 x Alcaine Drops 15ml/bt, Eye Numbing Solution (Note Requires Refrigeration)
  - 1 x OcuFresh® Eye Wash Cup, Sterile
  - 2 x Solar·Rolz™ Post-Mydriatic Sunglasses
  - 1 x Lotrimin® AF Antifungal Cream, Clotrimazole 1%, 15g
  - 1 x Gold Bond® Medicated Foot Powder, 1/4 oz
  - 1 x Insty-Splints® Finger Splint, Medium
  - 1 x Insty-Splints® Finger Splint, Large
  - 6 x Wooden Splints / Tongue Depressors, 3/4" x 6"
  - 1 x Sawyer® GoReady Insect Repellent, Pocket Size Spray, 98.11% DEET, 0.5 fl oz
  - 1 x After Bite® Insect Sting Relief Pen, 0.5 fl oz (14 mL)
  - 1 x After-Bite Xtra Sting Relief Cream, 0.7 oz

- 1 x Plastic Jar, 1/4 oz (Contents TBD)
- 1 x Cortizone-10 w/ Aloe, Maximum Strength 1% Hydrocortisone Anti-Itch Cream, 1/2 oz
- 1 x StingEze® Topical Analgesic Itch Relief Spray, 2% Diphenhydramine HCI, 5 mL
- 1 x StingEze® Poison Ivy Itch Relief Spray, 6% Benzocaine, 5 mL
- 1 x Plastic Jar, 1/2 oz (Contents TBD)
- 1 x Petroleum Jelly, 0.35 oz
- 1 x Plastic Splinter Forceps, Disposable, Blue
- 1 x Coleman® Tick Remover, Plastic, Red
- 1 x Tick Nipper™ Tick Removerw/ 20x Magnifier, Plastic, White
- 6 x Povidone Iodine Topical Solution USP, 0.6mL
- 1 x Adventure Medical Kits® Folding Scissors
- 12 x HD Safety Pins, 1 1/2", Nickel, #2

1 x Plastic Storage Case, Hinged-Lid, Divided, 11 3/8" x 7 7/8" x 1 9/16", Clear

# Panel #3, Mesh Pocket w/ 3 Compression Straps, Bottom (Sprains / Dislocations / Fractures)



Panel #4, Undedicated Storage, Bottom (Sprains / Dislocations / Fractures)



Sprains / Dislocations / Fractures



- 2 x ACE Brand® Elastic Bandage, Antimicrobial, 2" x 4.2' (Unstretched)
- 4 x ACE Brand® Elastic Bandage, Antimicrobial, 3" x 5.3' (Unstretched)
- 4 x ACE Brand® Elastic Bandage, Antimicrobial, 4" x 5.3' (Unstretched)
- 1 x ACE Brand® Elastic Bandage, Antimicrobial, 6" x 5.3' (Unstretched)
- 1 x Medline Soft-Wrap Elastic Bandage, 6" x 5 yds. (Unstretched)
- 1 x Medline Matrix Elastic Bandage, Velcro Closure, 6" x 6.5' (Unstretched)
- 1 x SAM® Splint, 4.25" x 36", Orange/Blue
- 1 x SAM® Splint, 4.25" x 36", Black/Gray
- 3 x SAM® Finger Splint, 1.75" x 4", Orange/Blue
- 3 x SAM® Finger Splint, 1.75" x 4", Black/Grey
- 1 x 3M Coban™ Self-Adhering Wrap, 2" x 5 yds (Stretched)
- 1 x Medline Industries CoFlex Elastic Bandage, 6" x 5 yds, Beige
- 1 x Cohere® Cohesive Wrap, 3" x 5 yds, Orange
- 2 x Cohere® Cohesive Wrap, 3" x 5 yds, Black
- 4 x <u>Dynarex® Triangular Bandage</u>, Non Sterile, Cotton, 40"x 56"x 40"

- 5 x Beyond BodiHeat® 12 Hour Disposable Heating Pad, 3.75" x 5.125"
- 4 x ACE Brand® Instant Cold Compress, 4" x 9"
- 1 x <u>Laerdal® StifNeck Select™ Cervical Extrication Collar</u> (Located in LH 3-Day Assault Pack Accessory Pouch)
- 1 x SAM® Sling, Standard, Black (Located in LH 3-Day Assault Pack Accessory Pouch)

# Panel #4, Mesh Pocket Above Injectables Accessory Pouch (Documents & Literature)



- 1 x SAM® Splint Quick Reference Guide
- 1 x SAM® On-Scene Patient Assessment Guide
- 1 x Sharpie Fine Point Permanent Marker, Black
- 1 x Bear-Aide Pupilometer, Leather Case, 3" x 5"
- 1 x Patient Assessment Protocol, Emergency Action Card, Carey & Co., 2 pp, 4" x 5.5"
- 1 x NARP™ Combat Casualty Reference Cards, 8 pp
- 2 x METTAG MT-137 Emergency Triage Tag, 4" x 6"

- 2 x Casualty/Triage Card, 4" x 6"
- 2 x Tactical Combat Casualty Response Card, 4 pp, 5" x 6"
- 6 x Zeiss™ Lens Cloth Towelettes, Isopropyl Alcohol
- 1 x Hazardous Material Identification Guide
- 1 x <u>Basic Essentials Of Wilderness First Aid</u>, William Forgey, MD, 3rd Edition, 80 pp, 6" x 9" x 3/8"

Various User Guides & Instruction Manuals Comprehensive STOMP II Contents List

# Airway & Injectables Accessory Kits



Injectables Accessory Kit, Red Handle, Clear Slit Panel



- 2 x 3M Steri-Strip, Reinforced, 1/8" x 3", 5/Pkg, #R1540
- 2 x 3M Steri-Strip, Reinforced, 1/4" x 1 1/2", 6/Pkg, #R1542
- 4 x 3M Steri-Strip, Reinforced, 1/4" x 3", 3/Pkg, #R1541
- 2 x 3M Steri-Strip, Reinforced, 1/4" x 4", 10/Pkg, #R1546
- 2 x 3M Steri-Strip, Reinforced, 1/2" x 4", 6/Pkg, #R1547

Injectables Accessory Pouch, 6" x 10" x 3"





#### NARP™ Laceration Repair Kit:

- 1 x Webster Needle Holder, Smooth, Stainless Steel, 5"]Adson Tissue Forceps[/url], 1x2 Teeth, Stainless Steel, 4 3/4"
- 1 x Adson Tissue Forceps, 1x2 Teeth, Stainless Steel, 4 3/4"
- 1 x Straight Cut Scissors, Iris, Stainless Steel, 4 1/2"
- 4 x Gauze Pad, 4" x 4"
- 10 x Gauze Pad, 2" x 2"
- 1 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"
- 1 x BD® Precision Glide® Hypodermic Needle, #305122, 25ga x 5/8"
- 1 x BD® Precision Glide® Hypodermic Needle, #305109, 27ga x 1/2"
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
- 2 x Towels, Blue Blotting
- 1 x Fenestrated Paper Drape

1 x Poly Bag, 5" x 8" x 1"

- 1 x Durasorb Pad, 23" X 24", Light Blue
- 1 x Medical Towel, Cotton, 16" x 24", Blue

# Suturing, Injection, & IV Administration Kit



#### Hypodermic Needles:

- 3 x BD® Precision Glide® Hypodermic Needle, #305106, 30ga x 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305109, 27ga x 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305122, 25ga x 5/8"
- 3 x BD® Precision Glide® Hypodermic Needle, #305167, 21ga x 1 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"

#### 1 x Elkay® Specialty Poly Bag

#### IV Administration:

- 10 x 3M Tegaderm™ Transparent Dressing w/ Label, 2 3/8" x 2 3/4" (1624W)
- 5 x Terumo® SurFlo Intravenous Catheters, #1832, 18ga x 1 1/4"
- 1 x Clave Saline Lock
- 1 x Clave Saline Lock, 7" Non/DEHP Smallbore Extension
- 2 x Raptor® IV Constriction Band, Black

#### Syringes:

- 1 x BD® Syringe, Sterile, TB Slip Tip, #309602, 1cc
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309585, 3cc
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309603, 5cc
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309661, 20cc
- 1 x Condor® MOLLE BDU Wallet Pocket Organizer Pouch, Cordura Nylon®, 5" x 7.5" x 1", Black

#### Anesthetic:

- 1 x Lidocaine HCl 2%, 20mg/mL, 50mL MDV, Hospira w/ Preservative, Injectible
- 1 x Marcaine HCl 0.5% w/ Epinephrine, 5mg/mL, 30mL SDV, Hospira, Injectable

#### Field Suture Kit:

- 1 x Ethicon® 2/0 Suture, Plain Gut, 27", Absorbable, 70mm Taper XLH 1/2 Curved Circle Needle (#53T)
- 1 x <u>Ethicon® 3/0 Suture</u>, Black Braided Silk, 18", 12 Strands, Nonabsorbable, w/o Needle(#A184H)
- 1 x <u>Ethicon® 3/0 Suture</u>, Blue Monofilament Polypropylene, 30", Nonabsorbable, 60mm Straight Cutting KS Needle (#8622H)
- 1 x Ethicon® 3/0 Suture, Green Braided Polyester, 30", Nonabsorbable, 17mm 1/2 Circle Taper Point RB-1 Needle (#X872H)
- 1 x Ethicon® 4/0 Suture, Black Braided Silk, 24", 13 Strands, Nonabsorbable, w/o Needle (SA73H)
- 1 x <u>CP Medical® 5/0 Black Nylon Monomid® Monofilament Suture</u>, 18", Nonabsorbable, NFS-2 19mm 3/8 Circle Reverse Cutting Needle (661B)

#### 1 x Elkay® Specialty Poly Bag

#### **Alternative Sutures:**

- 1 x Instant Krazy® Glue, Single Use Tubes, 0.5g EA
- 1 x Plastic Storage Case
- 1 x Cutex® Essential Care Nail Polish Remover Towelette, w/ Acetone (Super Glue Remover)
- 1 x Mastisol Liquid Adhesive, 2/3mL Vial
- 6 x DermaBond® Topical Skin Adhesive, 0.5mL Vial
- 1 x Minigrip® Mini Poly Bag
- 1 x 3M Precise™ Disposable Skin Stapler, Sterile, 25 Stainless Steel Staples
- 1 x 3M Precise™ Disposable Skin Staple Remover, Sterile, Stainless Steel

#### Suture Removal Kit:

- 1 x Dressing Forceps, Serrated, Stainless Steel, 4 1/2"
- 1 x Littauer Stitch Scissors, Stainless Steel, 5 1/2"
- 1 x Kendall® Curity™ Gauze Pad, Sterile, 12 Ply, 3" x 3", 2/Pkg, #6132
- 2 PR x NARP™ Black Talon Nitrile Gloves, L
- 3 x Medline® Povidone Iodine, Swabsticks, Triples
  - 12 x Dynarex® Benzalkonium Chloride Cleansing Wipes
- 1 x Elkay® Specialty Poly Bag

- 24 x Dynarex® Alcohol Prep Pad, Large
- 1 x Elkay® Specialty Poly Bag
  - 6 x Vionex® Antimicrobial Skin Wipe Towelettes
- 1 x Elkay® Specialty Poly Bag

#### Lancets & Scalpels:

- 3 x MEDIpoint® Splinter Out™ Sterile Lancet
- 2 x Scalpel, Mini w/ Handle, Sterile, Stainless Steel, #10 Blade
- 1 x Scalpel, Sterile, Stainless Steel, #22 Blade, Dynarex® Medi-Cut™
- 1 x Minigrip® Mini Poly Bag
- 1 x <u>2 Way Foley Catheter</u>, Silkolatex Gold, Size 16 (5.3mm), Sterile (Improvised Chest Tube, Tourniquet, and Posterior Nasal Pack)
- 1 x BD® Syringe, Sterile, Catheter Tip, 60cc (For Irrigation)
- 2 x Biohazard Warning Indicator, Blaze Orange, 2" x 2"
- 1 x Medical Waste Biohazard Zip Bag, 6" x 4 1/4" x 3/4", Grey
- 1 x Kendall® P2 Sharps Shuttle Container, Clear Tube, Red Locking Cap, 1.25" x 6.5"

# Parenteral Morphine Administration Kit



Parenteral Morphine Administration Kit:

- 6 x Dynarex® Alcohol Prep Pad, Large
- 6 x BD® Precision Glide® Hypodermic Needle, #305167, 21ga x 1 1/2"
- 6 x BD® Syringe, Sterile, Luer-Lok Tip, #309585, 3cc
- 1 x Morphine Sulfate Injection USP, 15 mg/mL MDV, 20 ML
- 1 x Narcan (Naloxone) HCI Injection USP, 0.4 mg/mL, 1 mL Ampoule (Narcotic Antagonist)
- 1 x <u>Stadol NS (Butorphanol Tartrate) Nasal Spray</u>, 10 mg/mL, 2.5 mL Bottle (Narcotic Agonist-Antagonist)

1 x Carrying Case, Nylon, Black

Panel #4, Mesh Pocket Above Airways Accessory Pouch (Blood Typing & Hemostatic Agents)



- 2 x <u>Kendall® Curity™ Gauze Sponges</u>, Sterile, 8 Ply, 2" x 2", 2/Pkg, #1806, Vacuum Bagged in Groups of 5 Pkgs
- 2 x <u>Kendall® Kerlix™ Gauze Sponges</u>, Non-Sterile, 12 Ply, 4" x4", #6120, Vacuum Bagged in Groups of 10
- 1 x EldonCard® ABO Blood Typing Kit, Rhesus D Blood Type System:
  - 1 x EldonCard 2511
  - 4 x EldonSticks
  - 1 x Lancet, Automatic
  - 1 x Alcohol Prep Pad
  - 1 x Eldon Foil 2511
  - 1 x Absorbent Cotton Ball
  - 1 x Pipette, Plastic, 20µL
  - 1 x Instruction Guide
- 1 x Ziploc® Specialty Poly Bag (4.5" x 6.5")
- 1 x Seal-On® m•doc™ Hemostatic Nasal Sponges

- 2 x QuikClot® 1st Response™ Advanced Clotting Sponge, Sterile, 25g
- 1 x QuikClot® ACS™+ Advanced Clotting Sponge, Sterile, 100g
- 1 x HemCon® Hemostatic Chitosan Bandage, Antibacterial, Sterile, 4" x 4"

# Continued Below...

Last edited by Paragon on Tue Aug 19, 2008 1:51 pm, edited 2 times in total.

My standard (and supplemental) EDC

My Wilderness Ditch Kit

My STOMP II Medical Pack and ACLS Module

"Death awaits you all, with nasty big pointy teeth"

Paragon

Posts: 742 Joined: Sun Apr 13, 2008

11:06 pm

Location: Greensboro, NC

Paragon's STOMP II Medical Pack (56k Warning!) Part 2

□by Paragon » Tue Aug 19, 2008 1:48 pm

# Blackhawk® STOMP II Medical Pack (Continued)

Airway Accessory Pouch, Blue Handle, 7" x 12" x 3"





# Airway Accessory Pouch, LH Side

1 x Rusch Dual Channel Color-Coded Berman <u>Oropharyngeal Airway Kit</u>, Assorted Sizes (6 Disposable Oral Airways):

- 1 x Infant 40mm (Pink)
- 1 x Child 60mm (Black)
- 1 x Small Adult 80mm (Green)
- 1 x Medium Adult 90mm (Yellow)
- 1 x Large Adult 100 (Lavender)
- 1 x Extra Large Adult 110 (Orange)

#### 1 x Elkay® Specialty Poly Bag

- 1 x CricKit® Surgical Cricothyroidotomy Kit (Emergency Tracheotomy):
  - 1 PR x NARP™ Black Talon Nitrile Gloves, L
  - 2 x Povidone Iodine Topical Solution USP, 0.6mL
  - 1 x Scalpel, Sterile, Stainless Steel, #11 Blade, Dynarex® Medi-Cut™
  - 1 x NARP™ Tracheal Hook, Aluminum

- 1 x Cricothyroidotomy Tube (Tracheal Cannula), Cuffed, 8mm x 6mm Bore x 75mm, w/ Retaining Strap
- 1 x BD® Syringe, Sterile, Luer-Lok, 10cc
- 1 x Gauze Pads, 4" x 4"
- 1 x Molded Storage Tray, Sterile
- 1 x Fougera® Triple Antibiotic Ointment, 0.9g
- 1 x Vionex® Antimicrobial Skin Wipe Towelette
- 1 x Surgical Guide
- 1 x Elkay® Specialty Poly Bag
- 1 x NARP™ Combat Casualty Reference Cards, 8 pp
- 1 x Patient Assessment Protocol, Emergency Action Card, Carey & Co., 2 pp, 4" x 5.5"

## Tactical Laryngoscope Set



#### Tactical Laryngoscope Set:

• 1 x E.N.T. Tactical Exam Light, Xenon, Removable, 2 AAA Batteries

- 1 x Pelican™ Replacement Xenon Bulb (1904 MityLite™ 2AAA)
- 1 x CFM Tactical Laryngoscope Handle
- 3 x Laryngoscope Blades, Macintosh, Green-Spec Fiber Optic (#2, #3, #4)
- 4 x Laryngoscope Blades, Miller, Green-Spec Fiber Optic (#0, #1, #2, #3)
- 1 x BD® Syringe, Slip Tip, 10cc (Non-Sterile, For ET Tube Cuff Inflation Only)
- 1 x GRIP-ET Endotracheal Tube Holder w/ Bite Block

# Airway Accessory Pouch, RH Side



- 3 x Ammonia Inhalant, 0.3 mL
- 1 x Minigrip® Mini Poly Bag
  - 6 x Fougera® Surgilube® Sterile Bacteriostatic, 3 g
- 1 x Minigrip® Mini Poly Bag

- 4 x Rusch Nasopharyngeal Airway, Sterile, 155mm x 28 Fr (9.3mm) x 7.0mm
- 3 x Rusch ET Tube Flexi-Slip Stylet, Sterile, 10 Fr (3.3mm) (Located in LH Assault Pack)
- 1 x Rusch Endotracheal Tube, Murphy Eye, Cuffed, 6.0mm
- 1 x Rusch Endotracheal Tube, Murphy Eye, Cuffed, 7.5mm
- 1 x Rusch Endotracheal Tube, Murphy Eye, Cuffed, 9.0mm
- 1 x <u>Endotrol Endotracheal Tube</u>, Stylet, Hi-Lo Cuff, Graduated Murphy Style Tip, Radiopaque Line, 9.0mm
- 1 x KING LT-D Supralaryngeal Airway, Proximal and Distal Cuffs, Size 4 (Red Connector)
- 1 x Monoject® Syringe, Luer-Lok Tip, 60cc, Sterile, Autoclavable (For KING LT-D Cuff Inflation)
- 1 x Triad Lubricating Jelly, Sterile, Water Soluble, Non-staining, 5g
- 1 x PerSys Medical® Positube™, Esophageal Intubation Detection Device
- 1 x Rusch Asherman Chest Seal (ACS™), Sterile, 4" Dia
- 1 x Super Glue®, 0.10 fl oz Bottle (Supplemental Adhesive for ACS)
- 1 x H & H Associates Bolin Chest Seal (BCS™), Sterile, 6" Dia
- 2 x NARP™ ARS Needle Decompression Kit, 14ga x 3.25" Needle Catheter for Tension Pneumothorax
- 1 x <u>3M Durapore™ Surgical Tape</u>, 1" x 10 yds
- 1 x Magill Forceps, Stainless Steel, 10"
- 1 x EMT Trauma Shears, Red, 5 1/2"
- 1 x Dynarex® CPR Mask w/ One Way Valve, Sterile

Panel #4, Full Length Slat Pocket

Gauze Pads & Sponges



- 2 x Kendall® Curity™ Gauze Sponges, Sterile, 12 Ply, 3" x 3", 2/Pkg, #1903, Vacuum Bagged in Groups of 5 Pkgs
- 4 x <u>Kendall® Curity™ Gauze Sponges</u>, Sterile, 12 Ply, 4" x 4", 2/Pkg, #3033, Vacuum Bagged in Groups of 5 Pkgs
- 3 x <u>Kendall® Curity™ Cover Sponges</u>, Sterile, 4" x 4", 2/Pkg, #2913, Vacuum Bagged in Groups of 5 Pkgs
- 3 x <u>Kendall® Dermacea™ Abdominal Pads</u>, Sterile, 5" x 9", #7196D, Vacuum Bagged in Groups of 3 Pkgs

Panel #4, Hydration Sleeve

Trauma Dressings & Gauze Bandages



4 x <u>H&H® PriMed Compressed Gauze</u>, Sterile, 4.5" x 4.1 yds 2 x <u>Kendall® Kerlix™ Gauze Bandages</u>, Sterile, Large, 4.5" x 4.1 yds, 3/Pkg, Vacuum Bagged in Groups of 3 Pkgs

### Bloodstopper Assortment:

- 1 x Swift First Aid Bloodstopper™ Emergency Pressure Dressing, Sterile, 4" x 4.1 yds w/ 5.5" x 9" Pad
- 1 x Dukal® Emergency Pressure Dressing, Sterile, 4" x 4.1 yds
- 1 x Dynarex® Dyna-Stopper Trauma Bandage, Sterile
- 1 x <u>Cinch Tight "H" Bandage</u>, Hemostatic Arterial Combat Compression Dressing, Sterile, 8" x 10"
- 1 x Olaes Modular Bandage, Sterile, 6"
- 1 x Non-Adherent Blast™ Bandage, Sterile, 20" x 20"

# Panel #4, Undedicated Storage



(Note - 3" ACE Bandage Shown For Scale)

# **OTC Medications**



#### OTC Medications:

- 12 x Tylenol®, Acetaminophen, Extra Strength, Caplets, 500 mg
- 24 x Motrin® IB, Ibuprofen Tablets USP, 200 mg
- 12 x Aleve®, Naproxen Sodium, Caplets220 mg
- 12 x Bayer® Aspirin, Tablets, 325 mg
- 16 x Imodium™ A-D, Loperamide HCI, Caplets, 2 mg
- 8 x Benadryl Allergy, Diphenhydramide HCl, Caplets, 25 mg
- 6 x Pepto-Bismol®, Bismuth Subsalicylate, Caplets, 262 mg
- 8 x Sudafed PE®, Phenylephrine HCI, Tablets, 10 mg
- 6 x Pepcid AC, Maximum Strength, EZ Chews, Famotidine 20 mg

iGo® 6 Compartment Plastic Travel Case, Hinged-Lid, Green, 2.5" x 3.5" x 1.25"

# **Precription Medications**



#### Prescription Medications:

- 10 x Tramadol Hydrochloride (Ultram) 50 mg
- 12 x Oxycodone (Percoset) 7.5/325APAP
- 12 x Hydrocodone (Vicodin HP) 10/660APAP
- 12 x Hydromorphone (Dilaudid) 8 mg
- 12 x Morphine Sulfate (MS Contin) 15 mg
- 8 x Ibuprofen (Motrin) 800 mg
- 12 x Promethazine HCI (Phenergan) 25 mg
- 14 x Levofloxacin (Levaquin) 500 mg
- 14 x Ciprofloxacin (Cipro) 500 mg

iGo® 6 Compartment Plastic Travel Case, Hinged-Lid, Blue, 2.5" x 3.5" x 1.25"

# **Unitized Medications**



#### **Unitized Medications:**

- 21 x Centrum™ Performance Multi-Vitamins
- 21 x Singulair® Tablets (Montelukast Sodium), Leukotriene Receptor, 10 mg
- 21 x Claritin® (Loratadine), Antihistamine, 10 mg
- 4 x Afassco® Soprocaine® Throat Lozenges, 2/Pkg.
- 10 x Tylenol®, Acetaminophen, Extra Strength, Caplets, 500 mg, 2/Pkg.
- 10 x Motrin® IB, Ibuprofen, Caplets, 200 mg, 2/Pkg.
- 1 x Pepto-Bismol Chewable Tablets, Cherry, 12/Roll
- 1 x Rolaids Extra Strength Antacid Tablets, Chewable Tablets, Fresh Mint, 12/Roll

# Diagnostic Equipment



**Blood Pressure Kit** 



- 1 x 3M Littmann™ Master Classic II Stethoscope, 27", #2141, Black Edition
- 1 x Welch Allyn Sphygmomanometer, Adult & Child Cuffs, Case, #5098-30, Black

Deluxe Field Corpsman ENT Kit



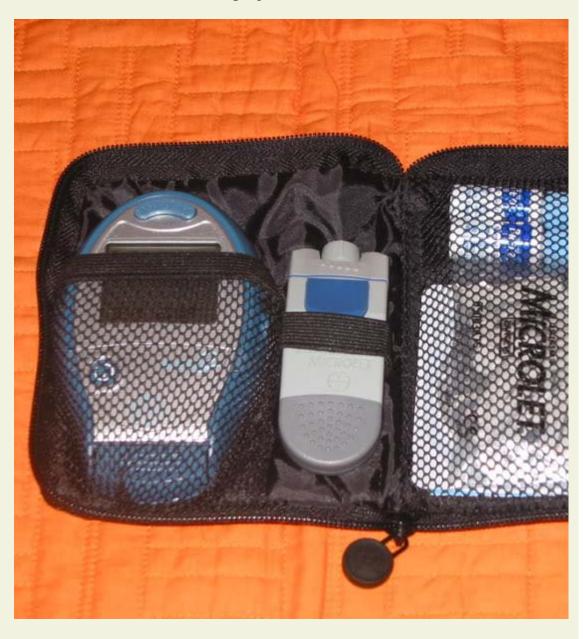
#### 1 x Deluxe Field Corpsman Eye, Ear, Nose, & Throat Kit:

- 1 x Heine Mini 2000® Ophthalmoscope, 2 AA Batteries
- 1 x Heine XHL® Xenon Halogen Technology Replacement Bulb, 2.5V, X-01.88.042
- 2 x Panasonic® Industrial Batteries, Alkaline, AA (Spare) #AM3PIXC
- 1 x ENT Tactical Examination Light, Xenon, 2 AAA Batteries
- 1 x Pelican™ Replacement Laser Spot Xenon Lamp Module (1904 MityLite™ 2AAA)
- 2 x Panasonic® Industrial Batteries, Alkaline, AAA (Spare) #AM4PIXC
- 1 x Illuminated Magnifying Lens (Use w/ Clear or Blue Lenses)
- 1 x Illuminated Stainless Steel Curette (Use w/ Clear Lens)
- 1 x High Resolution Eye Loop, Nylon (Use w/ Blue Lens)
- 1 x Illuminated Eye Magnet (Use w/ Blue Lens)
- 10 x Adult Specula, Disposable (Use w/ Otoscopic Head)
- 1 x Illuminated Red Night Vision Lens
- 1 x Illuminated Cobalt Blue Ultraviolet Lens
- 1 x Otoscopic Head, 3X Magnification, Adjustable
- 1 x Adult Specula Adapter, Reusable
- 1 x Fiber Optic Light Bender, Nasal Head
- 6 x FUL-GLO® Fluorescein Sodium Strip, USP, 0.6 mg

• 1 x Instruction Guide

1 x Soft Mesh Accessory Pouch, Cordura® Nylon, Black

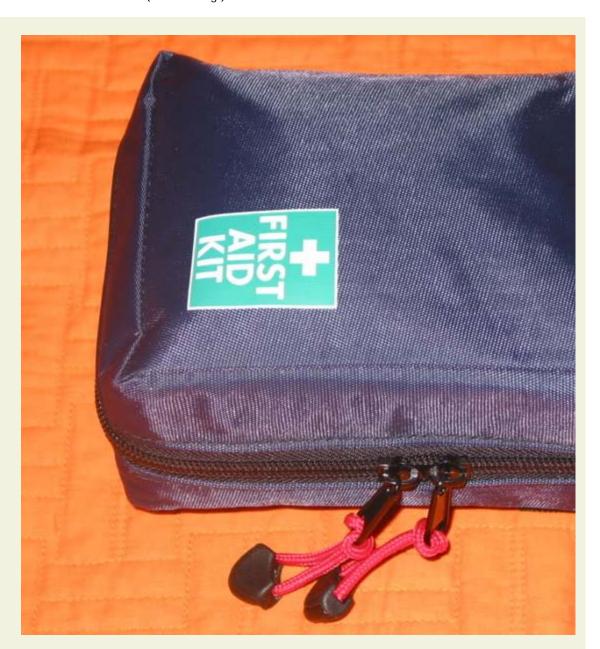
# Blood Glucose Monitoring System



- 1 x Bayer Healthcare/Ascensia Breeze® 2 Blood Glucose Monitoring System:
  - 1 x Breeze® 2 Blood Glucose Monitor
  - 1 x Autodisc Blood Glucose 10-Test Disc
  - 1 x Microlet Adjustable Lancing Device w/ 10 Lancets
  - 2 x Autodisc Low and High Control Solution
  - 1 x Record Diary
  - 1 x User Guide
  - 1 x Quick Reference Guide

1 x Carrying Case, Nylon, Black

# Bandages





- 6 x Dynarex® Benzalkonium Chloride Cleansing Wipe
- 2 x Vionex® Antimicrobial Skin Wipe Towelettes
- 4 x Kendall® Telfa™ Non-Adherent Pad, Sterile, 2" x 3"
- 4 x Kendall® Telfa™ Non-Adherent Pad, Sterile, 3" x 4"
- 6 x Band-Aid® Sheer Comfort-Flex™ Bandages, 2 1/4" x 3"
- 6 x Band-Aid® Flexible Fabric Bandages, 1 3/4" x 4"
- 6 x Band-Aid® Sheer Comfort-Flex™ Bandages, 2 7/8" x 4"



- 30 x Band-Aid® Sheer Comfort-Flex™ Bandages, 7/8" x 7/8" Spot
- 1 x Minigrip® Mini Poly Bag
  - 30 x Band-Aid® Sheer Comfort-Flex™ Bandages, 5/8" x 2 1/4"
- 1 x Minigrip® Mini Poly Bag
  - 30 x Band-Aid® Sheer Comfort-Flex™ Bandages, 3/4" x 3"
- 1 x Minigrip® Mini Poly Bag
  - 20 x Band-Aid® Sheer Tough-Strips® Bandages, 1" x 3 1/4"
- 1 x Minigrip® Mini Poly Bag
  - 6 x Band-Aid® Flexible Fabric Bandages, 1 3/4" x 4"
- 1 x Minigrip® Mini Poly Bag

- 10 x Band-Aid® Flexible Fabric Bandages, Fingertip
- 1 x Minigrip® Mini Poly Bag
  - 10 x Band-Aid® Flexible Fabric Bandages, Knuckle
- 1 x Minigrip® Mini Poly Bag
  - 30 x Band-Aid® Bandages, Butterfly Closure
- 1 x Minigrip® Mini Poly Bag
- 1 x Johnson & Johnson Assorted Bandage Kit:
  - 6 x Band-Aid® Bandages, 7/8" x 7/8' Spot
  - 6 x Band-Aid® Bandages, 5/8" x 2 1/4" Strip
  - 5 x Band-Aid® Bandages, 3/4" x 3" Strip
  - 4 x Band-Aid® Bandages, 1" x 3" Strip
  - 3 x Band-Aid® Bandages, Fingertip
  - 3 x Band-Aid® Bandages, Knuckle
  - 5 x Band-Aid® Bandages, Butterfly Closure
  - 2 x Band-Aid® Bandages, 2 1/4" x 3"
  - 4 x Johnson & Johnson Gauze Pads, 2" x 2"
- 1 x Minigrip® Mini Poly Bag

### Pack Exterior

- 1 x 3M Durapore™ Surgical Tape, 1" x 10 yds (Located on Outside of Pack, RH Side)
- 1 x Sklar® EMT Shears, 7 1/2", Blue (Located on Outside of Pack, RH Side)

**USGI IFAK (Modified)** 



- 1 PR x NARP™ Black Talon Nitrile Gloves, L
- 2 PR x Nitrile Exam Gloves, OS
- 1 x Dynarex® CPR Mask w/ One Way Valve, Sterile
- 1 x Vionex™ Antimicrobial Skin Wipe Towelettes
- 1 x 3M Durapore™ Surgical Tape, 2" x 10 yds
- 1 x EMT Trauma Shears, Gray, 5 1/2"
- 1 x Rusch Nasopharyngeal Airway, Sterile, 155mm x 28 Fr (9.3mm) x 7.0mm
- 1 x Rusch ACS (Asherman Chest Seal), Sterile, 4" Dia
- 1 x NARP™ ARS Needle Decompression Kit, 14ga x 3.25" Needle Catheter for Tension Pneumothorax
- 1 x QuikClot® ACS™+ Advanced Clotting Sponge, Sterile, 100g
- $1 \ x \ \underline{\text{H\&H@ PriMed Compressed Gauze}}, \ 4.5 \text{" x } 4.1 \ yds] \\ \text{H\&H@ PriMed Compressed Gauze} \\ [/url], \\$
- 4.5" x 4.1 yds
- 1 x Z-Pak Wound Dressing, Sterile, 4.5" x 4.1 yds
- 1 x First Care® Israeli Emergency Bandage, Sterile, 4"

# 1 x Combat Application Tourniquet (CAT)

#### Clean & Treat Kit:

- 1 x Ammonia Inhalant, 0.3 mL
- 2 x Fougera® Surgilube® Sterile Bacteriostatic, 3 g
- 2 x Povidone Iodine Topical Solution USP, 0.6mL
- 1 x Scalpel, Sterile, Stainless Steel, #22 Blade, Dynarex® Medi-Cut™
- 2 x Dynarex® Benzalkonium Chloride Cleansing Wipes
- 2 x Fougera® Triple Antibiotic Ointment, 0.9g
- 1 x Minigrip® Mini Poly Bag

1 x Pouch, Cordura® Nylon, 7" x 5" x 4.5" w/ Tethered Insert, ACU Camo

# 3-Day Assault Pack Accessory Pouch, LH (Immobilization & Supplemental Airway Adjuncts)





- 1 x Laerdal® StifNeck Select™ Cervical Extrication Collar
- 1 x SAM® Sling, Standard, Black
- 1 x Ambu® SPUR II™ Disposable Resuscitator, Adult
- 1 x Non-Rebreather Mask, Adult
- 3 x Hudson RCI® Nonflared Adult Nasal Oxygen Cannula, Latex Free, 7'
- 3 x Rusch ET Tube Flexi-Slip Stylet, Sterile, 10 Fr (3.3mm)
- 1 x <u>Endotrol Endotracheal Tube</u>, Stylet, Hi-Lo Cuff, Graduated Murphy Style Tip, Radiopaque Line, 9.0mm
- 1 x KING LT-D Supralaryngeal Airway, Proximal and Distal Cuffs, Size 4 (Red)
- 1 x  $\underline{\text{Monoject} \circledast \text{Syringe}}$ , Luer-Lok Tip, 60cc, Sterile, Autoclavable (For KING LT-D Cuff Inflation0
- 1 x Triad Lubricating Jelly, Sterile, Water Soluble, Non-staining, 5g
- 3-Day Assault Pack Accessory Pouch, RH (Hypothermia, Dehydration, IV Administration, Injectables)



Hypoglycemia & Dehydration



- 2 x Insta-Glucose®, 31 gm Tube (Hypoglycemia), Cherry Flavor
- 1 x Elkay® Specialty Poly Bag
- 2 x Tang® Sport Fitness Drink Mix w/ Electrolytes, Fruit Punch (Makes 20 oz)
- 2 x Gatorade® Instant Drink Mix, Lemon-Lime, 2.12 oz (Makes 32 oz)
- 2 x Camelbak® Elixir, Electrolyte Enhanced Hydration Tablets (Makes 24 oz)
- 12 x Medique® Medi-Lyte Electrolyte Heat Relief Tablets
- 4 x CeraFlu<sup>™</sup> Oral Hydration Drink Mix, Citrus, 20g (Makes 16 oz)
- 4 x CeraLyte<sup>™</sup> 70 Oral Hydration Salts, Lemon, 50g (Makes 32 oz)

# IV Administration & Hypothermia



- 1 x MDS Crystal Clear™ Liquid Crystal Temperature Monitor
- 1 x Thermo-Lite® Hypothermia Prevention Cap
- 1 x Dukal® Survival Wrap, 52" x 84"
- 1 x AMK Heatsheets® 2-Person Survival Blanket, 60" x 96"

# IV Administration Kit



#### 2 x Amsino AMSafe® IV Administration Set, Double-Lumen, 96" (244 cm) 15 Drop/mL:

- 1 x Tubing, Sterile, 96"
- 1 x Spike w/ Drip Chamber, Non-Vented
- 1 x Roller Clamp
- 2 x Injection Sites, Split Steptum
- 1 x Adapter, Male, Slip Luer
  - 1 x NARP™ Saline Lock Kit:
    - 1 x Raptor® IV Constriction Band, Black
    - 1 x Dynarex® Alcohol Prep Pad, Large
    - 1 x Terumo® SurFlo Intravenous Catheter, #1832, 18ga x 1 1/4"
    - 1 x Saline Plug, Locking
    - 1 x Kendall Gauze Pad, 2" x 2" (2pk)
    - 1 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"
    - 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
  - 1 x Vacuum Sealed Bag, 6" x 3 1/2" x 3/4"
- 1 x IV Pro Tape, 5" x 2"
- 1 x 3M Tegaderm<sup>™</sup> Transparent Dressing w/ Label, 2 3/8" x 2 3/4" (1624W)

- 1 x B. Braun Introcan® Protective IV Catheter, #4252519, 22ga x 1"
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, 3cc w/ 21ga x 1 1/2" PrecisionGlide™ Needle
- 1 PR x NARP™ Black Talon Nitrile Gloves, L
- 1 x Cardinal Health Heparin Lock Flush Solution, 100 units/mL, 5 mL, Sterile
- 1 x Ziploc® Specialty Poly Bag, 5" x 8"

#### 2 x Amsino AMSafe® IV Administration Set, Triple-Lumen, 96" (244 cm) 15 Drop/mL:

- 1 x Tubing, Sterile, 96"
- 1 x Spike w/ Drip Chamber, Non-Vented
- 1 x Roller Clamp
- 3 x Injection Sites, Split Steptum
- 1 x Adapter, Male, Slip Luer
  - 1 x NARP™ Saline Lock Kit:
    - 1 x Raptor® IV Constriction Band, Black
    - 1 x Dynarex® Alcohol Prep Pad, Large
    - 1 x Terumo® SurFlo Intravenous Catheter, #1832, 18ga x 1 1/4"
    - 1 x Saline Plug, Locking
    - 1 x Kendall Gauze Pad, 2" x 2" (2pk)
    - 1 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"
    - 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
  - 1 x Vacuum Sealed Bag, 6" x 3 1/2" x 3/4"
- 1 x IV Pro Tape, 5" x 2"
- 1 x 3M Tegaderm<sup>™</sup> Transparent Dressing w/ Label, 2 3/8" x 2 3/4" (1624W)
- 1 x B. Braun Introcan® Protective IV Catheter, #4252519, 22ga x 1"
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, 3cc w/ 21ga x 1 1/2" PrecisionGlide™ Needle
- 1 PR x NARP™ Black Talon Nitrile Gloves, L
- 1 x Cardinal Health Heparin Lock Flush Solution, 100 units/mL, 5 mL, Sterile
- 1 x Ziploc® Specialty Poly Bag, 5" x 8"

#### 2 x ICU Medical® IV Administration Set, Double-Lumen, 96" (244 cm) 60 Drop/mL:

- 1 x Tubing, Sterile, 96"
- 1 x Spike w/ Drip Chamber, Non-Vented
- 1 x Roller Clamp
- 2 x Injection Sites, Split Steptum
- 1 x Adapter, Male, Slip Luer
  - 1 x NARP™ Saline Lock Kit:
    - 1 x Raptor® IV Constriction Band, Black
    - 1 x Dynarex® Alcohol Prep Pad, Large
    - 1 x Terumo® SurFlo Intravenous Catheter, #1832, 18ga x 1 1/4"
    - 1 x Saline Plug, Locking
    - 1 x Kendall Gauze Pad, 2" x 2" (2pk)
    - 1 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"
    - 1 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
  - 1 x Vacuum Sealed Bag, 6" x 3 1/2" x 3/4"
- 1 x IV Pro Tape, 5" x 2"
- 1 x 3M Tegaderm™ Transparent Dressing w/ Label, 2 3/8" x 2 3/4" (1624W)
- 1 x B. Braun Introcan® Protective IV Catheter, #4252519, 22ga x 1"
- 1 x BD® Syringe, Sterile, Luer-Lok Tip, 3cc w/ 21ga x 1 1/2" PrecisionGlide™ Needle
- 1 PR x NARP™ Black Talon Nitrile Gloves, L
- 1 x Cardinal Health Heparin Lock Flush Solution, 100 units/mL, 5 mL, Sterile

1 x Ziploc® Specialty Poly Bag, 5" x 8"

#### IV Solutions:

- 1 x Hextend (Hetastarch) w/ 6% Electrolytes, 500mL, Hospira® #1555-54
- 2 x Dextrose 5% (D5W), 250mL, Hospira® 7922-02
- 2 x Lactated Ringers (LR) 500mL, Hospira® #7953-03
- 2 x Sodium Chloride 0.9% (Normal Saline), 500mL, Hospira® #7983-03

#### **Bulk Needles:**

- 3 x BD® Precision Glide® Hypodermic Needle, #305106, 30ga x 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305109, 27ga x 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305122, 25ga x 5/8"
- 3 x BD® Precision Glide® Hypodermic Needle, #305167, 21ga x 1 1/2"
- 3 x BD® Precision Glide® Hypodermic Needle, #305196, 18ga x 1 1/2"

#### 1 x Elkay® Specialty Poly Bag

#### **Bulk Syringes:**

- 3 x BD® Syringe, Sterile, TB Slip Tip, #309602, 1cc
- 3 x BD® Syringe, Sterile, Luer-Lok Tip, #309585, 3cc
- 3 x BD® Syringe, Sterile, Luer-Lok Tip, #309603, 5cc
- 3 x BD® Syringe, Sterile, Luer-Lok Tip, #309604, 10cc
- 3 x BD® Syringe, Sterile, Luer-Lok Tip, #309661, 20cc

### 1 x Elkay® Specialty Poly Bag

# Obstetrical Kit



### 1 x Dynarex® Emergency Obstetrical Kit, Disposable:

- 1 x Latex Exam Gloves, Cuffed and Pre-Powdered, Sterile, Dynarex®
- 1 x Scalpel, Sterile, Disposable w/ Handle, #20 Blade, Dynarex® Medi-Cut™
- 1 x Obstetrical Pad, Sterile, Extra Large
- 1 x Drape Sheet, 36" x 48"
- 1 x Receiving Blanket, 36" x 48"
- 4 x Disposable Towels, 14" x 18"
- 6 x Gauze Sponges, 6-Ply, Sterile, Dynarex®
- 1 x Dynarex® Bulb Syringe, Sterile
- 2 x Umbilical Cord Clamps, Sterile
- 2 x Dynarex® Alcohol Prep Pad, Large
- 2 x Dynarex® Obstetrical Towelettes
- 1 x Plastic Bag (For Placenta), 7" x 20"
- 2 x Twist Ties, 4"

1 x Poly Bag, 8" x 11"

# Supplemental Tourniquets



- 1 x SOF™ Tactical Tourniquet(SOF-T), Black
- 1 x TK-4 Combat Tourniquet (Tourni-Kwik), 4" x 40"
- 1 x Combat Application Tourniquet (CAT)

Well that pretty much covers it. I'm obviously open to suggestions, recommendations, or alternative ways of doing things. There's obviously a ton of experienced and knowledgeable people on this forum, so be sure to let me know what you think.

Jim

My standard (and supplemental) EDC

My Wilderness Ditch Kit

My STOMP II Medical Pack and ACLS Module

"Death awaits you all, with nasty big pointy teeth"



Ovationman 7S Member

### ZS MEMBER

Posts: 2639

Joined: Sat Nov 17, 2007 7:08 pm

Location: Check VA

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby Ovationman » Tue Aug 19, 2008 1:59 pm

That is hell of a kit man. How the hell did you get you hands on the MS and other injectable RX meds?

### VVR41TH

Posts: 200

Joined: Sun Jul 27, 2008

12:08 pm

Location: Jacksonville, FL

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by **VVR41TH** » Tue Aug 19, 2008 2:16 pm

Holy mother of God. While it doesn't have the "I have enough Kerlix/trauma dressings to heal a battalion of GSW" factors that some of the other crazy packs on here do, that's probably the most comprehensive pack I've seen. Ever. Seriously, baby delivery? However, I do have one actual suggestion: cough drops. Also, any particular reason why you've got Ipecac and Ammonia inhalants? Everything I've heard says that they're considered more harmful than helpful these days; I'd go with activated charcoal for poisoning, if anything. I don't know enough to suggest an alternate to the ammonia, though. As for the RX meds, the hotlinks linked to an online pharmacy, so I'm guessing he's got a friendly doctor (seemed to be only pain management for the RX meds, anyways).

### My FAK



Organdonor

ZS Donor - Silver

ZZIDONOR Japan Tsunami

Posts: 545

Joined: Fri Feb 29, 2008

11:07 am

Location: Southeastern CT

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by Organdonor » Tue Aug 19, 2008 2:42 pm

Are both the Epi-pen's the same strength, or is one an adult dose and the other an Epi-Jr dose?

For the amount of money you have invested, I'm surprised you don't have an AED! You'd want one around if you use the epi-pens, and are more likely to use the AED than 50% of the gear in that pack.)

Nice kit, though! I've got most of the same stuff lying around at home, but not so neatly packed an organized. Plus, most of the stuff are things I use daily, so I don't bother with the burn pads and such. The tube and scope kit is a nice thing to have... I also have a nice set of angled forceps designed to grab onto airway obstructions.



**Paragon** 

Posts: 742

Joined: Sun Apr 13, 2008

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by **Paragon** » Tue Aug 19, 2008 3:10 pm

#### **66** VVR41TH wrote:

Holy mother of God. While it doesn't have the "I have enough Kerlix/trauma dressings to heal a battalion of GSW" factors that some of the other crazy packs on here do, that's probably the most comprehensive pack I've seen. Ever. Seriously, baby delivery?

11:06 pm Location: Greensboro, NC

There's actually quite a bit of Kerlix in there (counting the PriMed) - 14 large rolls (4.5" x 4.1 yds) in all, plus at least 70 or more 4" x 4" gauze pads/sponges that I remember off hand. I actually have another 35-40 rolls of large Kerlix and several hundred pads/sponges at home, but didn't feel that I needed them in the STOMP II.

The OB kit is indeed a bit of a stretch, but is something that features a bunch of relatively specialized items, is small and lightweight, and only cost around ten bucks. I've shown it more as a PAW reference, although there would be a bunch of real life day-to-day scenarios that I can think of where it would not make the trip if I were using the pack away from home, such as in the wilderness or on a camping trip.

#### **VVR41TH** wrote:

However, I do have one actual suggestion: cough drops. Also, any particular reason why you've got Ipecac and Ammonia inhalants? Everything I've heard says that they're considered more harmful than helpful these days; I'd go with activated charcoal for poisoning, if anything.

Cough drops are located in the unitized medications bag (4 packs of Soprocaine® Throat Lozenges, 2/Pkg.). Like you, I've also read several less than favorable articles regarding the current use of Ipecac, although under certain circumstances (many poisions contraindicate the inducing of vomiting) it can be the difference in certain poisonings. Obviously great care regarding asphyxiation must be exercised, and I would only consider using the Ipecac if specifically directed to by a Poison Control Center. Activated charcoal is located in the Bite & Sting kit.

#### **66** VVR41TH wrote:

As for the RX meds, the hotlinks linked to an online pharmacy, so I'm guessing he's got a friendly doctor (seemed to be only pain management for the RX meds, anyways).

The hyperlinks are not necessarily meant to be the source of a particular item, merely one of many online links available that further described an item. With regard to my RX items, everything has been acquired locally, legitimately, and face-to-face. With regard to the opiates in particular, I do indeed have good relationships with several physicians that know me very well (as well as each other) and appreciate my commitment to training and preparedness, as well as the fact that I have no history of substance abuse. As I indicated, the Rx items that I have are for my own personal use, and only then in time of true need.

#### **66** Organdonor wrote:

Are both the Epi-pen's the same strength, or is one an adult dose and the other an Epi-Jr dose?

No, both are 0.3 mg each. The pediatric dose Epi-Jr. might be something to consider, although I don't have any small children, nor do any of my neighbors for that matter.

Jim

[EDIT] - To better address the use of Ipecac

Last edited by Paragon on Tue Aug 19, 2008 3:31 pm, edited 1 time in total.

My standard (and supplemental) EDC

My Wilderness Ditch Kit

My STOMP II Medical Pack and ACLS Module

"Death awaits you all, with nasty big pointy teeth"

# tjack316

ZS MEMBER

ZZ MEMBER

Posts: 121 Joined: Wed Sep 26, 2007

12:09 am

Location: wichita , kansas



# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by tjack316 » Tue Aug 19, 2008 3:18 pm

WOW thats a very impressive and highly organized kit . Me and my boo boo kit are holding back tears .

I thought I was doing good when I no longer considered duct tape and peroxide a kit.



#### JIM ZS Member

# ZS MEMBER

Posts: 1455

Joined: Sat Nov 10, 2007

8:30 am

Location: The Netherlands

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□by JIM » Tue Aug 19, 2008 4:36 pm

Looks very, very nice paragon.

-I would suggest getting a suction-unit such as a res-q-vac:



- Replace the hydrogen peroxide with betadine of chorinehexidine digluconate
- -Try adding another ampule of Narcan, try to replace your morphine with fentanyl (stronger) or esketamine (no resp. depression) and start saving money for an AED.
- -Add another BLAST-bandage
- -As you said, O2 could be usefull to add. Get a 11. cylinder if you don't have enough spare room.
- Great idea on mounting the IFAK on the front of the STOMP.

I really enjoyed reading your write-up, nice job!

Last edited by JIM on Wed Aug 20, 2008 6:01 am, edited 1 time in total.

# ZS ZSS FEED AUTHOR

#### First-Aid primer and medical disclaimer

"Trust me, I'm a Medic. This won't hurt.... Me. You, I'm not so sure - probably a lot.."

#### Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by **Gunny** » Tue Aug 19, 2008 4:47 pm





**Gunny** ZS Member

# ZZ MEMBER

Posts: 11084

Joined: Sun Sep 04, 2005

9:33 pm

Location: Austin, TX



#### **BOB (Bug Out Bag)**

Squad Level Trauma Bag/IFAK (Individual First Aid Kit)

#### VVR41TH

Posts: 200

Joined: Sun Jul 27, 2008

12:08 pm

Location: Jacksonville, FL

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by **VVR41TH** » Tue Aug 19, 2008 6:21 pm

#### **66** JIM wrote:

Looks very, very nice paragon.

-I would suggest getting a suction-unit such as a res-q-vac:



I don't even remember seeing one of those in -your- packs...

Paragon: I guess I stand corrected. I saw the Ipecac and figured charcoal would be in the same spot; as for Kerlix, yeah, 14 yards should be enough by most (read: not Gunny/etc.) standards, but you just spread it out enough that it's not obvious how much you have, heh.

# My FAK



exon111 ZS Member

ZZ MEMBER

Posts: 606

Joined: Tue May 20, 2008

9:30 pm

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby exon111 » Tue Aug 19, 2008 10:05 pm

Holy shiznitz, that kit is amazing! I envy your blacked out Master Classic II, my poor shiny one isn't feeling all too tactical right now live yet to figure out how to configure my new STOMP, but when I do I'll try to give you a run for your money

#### NREMI-B

Eagle Scout



painia

Posts: 935

Joined: Mon Aug 11, 2008

1:19 am

Location: your crawlspace

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by painiac » Wed Aug 20, 2008 3:37 am

Very sexy!

I'm sure you're always open to suggestions for improvement. It is, however, very difficult to find room for improvement with this kit.

The only things that jumped out at me are in the meds. That's an occupational hazard 😇:

1) Stocking more than one amp of Narcan, as one amp is often insufficient.

2) Anti-emetics. I saw that you have phenergan tablets, which are valuable because they have other antihistamine effects. However, I've always found oral anti-emetic medications to be retarded and useless if you're vomiting, which is pretty obvious. You can get a suppository form of Phenergan (Promethazine HCI), and phenergan can also be injected intramuscularly. You can also get oral disintegrating tablets of Zofran (Odansetron HCI), which has fewer negative effects than Phenergan and I believe is also cheaper. Both Phenergan and Zofran can be given IV if this is within your capabilities. Dramamine may also be beneficial to have in the OTC kit. All of these anti-emetics work through different means.

3) Ibuprofen stocked in both OTC and Rx containers. As I'm sure you know, the only difference between the OTC and Rx tablets is the mg dose, so four OTC tablets equal one Rx tablet. Unless you have nothing else to stock there, this may or may not be considered wasted space in the Rx container. The 200mg OTC tablets provide more flexibility, as it's easier to give more of them than it is to break or cut an 800mg tablet.

#### Edit:

4) TAPE! I may have missed it, but it looked like you have a large quantity of Durapore silk tape but nothing else. Tape allergies are very common, and even the hypo-allergenic Durapore you have is very rough in some people's skin and causes a rash because the adhesive is so tenacious. Switch a couple of those out for a roll each of paper tape (3M Transpore and Micropore, for example). Nexcare also makes a paper tape that is very gentle. 5) Celox is better than QuikClot, as it does not cause burns.

I really like that pouch you're using for the assorted bandages. Where did you get it?

"If only there were evil people somewhere insidiously committing evil deeds and it were necessary only to separate them from the rest of us and destroy them. But the line dividing good and evil cuts through the heart of every human being. And who is willing to destroy a piece of his own heart? " - Solzhenitsyn, The Gulag Archipelago



Paragon

Posts: 742

Joined: Sun Apr 13, 2008

11:06 pm

Location: Greensboro, NC

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by **Paragon** » Wed Aug 20, 2008 10:18 am

#### **66** Jim wrote:

Try adding another ampule of Narcan, try to replace your morphine with fentanyl (stronger) or esketamine (no resp. depression)

I don't disagree with you (and painiac) on the Narcan. I will probably add a couple more of the 0.4mg/mL amps, or at least one of the 1mg/mL amps. Until then the 2.5mL bottle of Stadol NS (Butorphanol Tartrate) should deliver the equivalent of 15 doses of Narcan, no?

The doc that originally wrote my script for the morphine didn't like the idea of fentanyl at all (perhaps due to the chance for OD if someone didn't realize dosages were in mcg versus

mg). I realize fentanyl is ~80 times more potent than morphine with regard to quantity injected, although my understanding has always been that both offer identical analgesic effect. Is this not true?

<u>This</u> article seems to provide some pretty good information regarding the use of fentanyl in a prehospital environment.

I've seen the RES-Q-VAC before and thought it was pretty nice, although I guess that I can't really picture how/where I'd ever use it. Are there common uses beyond oral, nasal, and wound suction? Between the 60cc and bulb syringes that I currently have in the kit, are there things this device would do that I can't do now, or would this simply make the task faster/easier?

#### exon111 wrote:

I envy your blacked out Master Classic II, my poor shiny one isn't feeling all too tactical right now

Yeah, I was pretty stoked when I found that. I had spent a few days talking with different people and researching steths and had pretty much decided the Littmann Master Classic II was the cat's ass - being able to get one in all black made my decision easy.

#### **66** painiac wrote:

The only things that jumped out at me are in the meds. That's an occupational hazard  $\mathfrak{S}$ : Stocking more than one amp of Narcan, as one amp is often insufficient.

Agreed (see comments above).

#### painiac wrote:

Dramamine may also be beneficial to have in the OTC kit. All of these anti-emetics work through different means.

Other than a ~2:1 weight-for-weight potency in favor of Benadryl, I was under the impression that dimenhydrinate (Dramamine) must dissociate into diphenhydramine (Benadryl) in the body before it becomes active. Doesn't that suggest that diphenhydramine produces more pronounced effects (2:1 dosage) and much sooner (no dossociation)?

#### **66** painiac wrote:

Ibuprofen stocked in both OTC and Rx containers. As I'm sure you know, the only difference between the OTC and Rx tablets is the mg dose, so four OTC tablets equal one Rx tablet. Unless you have nothing else to stock there, this may or may not be considered wasted space in the Rx container. The 200mg OTC tablets provide more flexibility, as it's easier to give more of them than it is to break or cut an 800mg tablet.

I've always kept several 800mg tablets in my FAK's out of habit since I hardly ever take a lower dose than that. The 200mg caplets are really on hand more for others than myself, although you're absolutely correct, as I can't think of a single legitimate reason to carry both. I'll drop the 800mg from the Rx compartment and add something else in its place.

painiac wrote:

Tape allergies are very common, and even the hypo-allergenic Durapore you have is very rough in some people's skin and causes a rash because the adhesive is so tenacious. Switch a couple of those out for a roll each of paper tape (3M Transpore and Micropore, for example).

I've always geared my FAK's for wilderness applications, so paper tape never was a consideration. In that this FAK is really more of a general purpose/PAW kit, I suppose it would make sense to substitute out a roll or two in favor of Micropore.

#### **66** painiac wrote:

Celox is better than QuikClot, as it does not cause burns.

Isn't that kind of like saying that Coke is better than Pepsi? All of the QuikClot that I have is the newer (105°F) formulation, so burns are not an issue. Celox does seem to be a good product as well, although I do have the Hemcon in there if a PT is partial to seafood.

The bandage pouch is something that I bought off eBay several years ago, so I'm not sure to suggest looking for one other than that. I have an additional one that is very similar (bright red) that is the basis of my GHB/BoB FAK.

Thanks for all the good suggestions!

Jim

My standard (and supplemental) EDC

My Wilderness Ditch Kit

My STOMP II Medical Pack and ACLS Module

"Death awaits you all, with nasty big pointy teeth"



JIM ZS Member ZS MEMBER

Posts: 1455

Joined: Sat Nov 10, 2007

8:30 am

Location: The Netherlands

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□by JIM » Wed Aug 20, 2008 10:35 am

Jim,

Thanks for the fentanyl-article. Good read. I would like to point out this:

#### "

The medical literature, coupled with field experiences, clearly demonstrates the superiority of fentanyl as an analgesic medication for use in the EMS environment. Fentanyl does not affect hemodynamics, oxygen saturation or GCS when used appropriately. It is fast-acting, short-acting and causes less histamine release than other narcotics. Traditionally, its use has been limited to critical care ambulances or air medical services, but many leaders in EMS are advocating that fentanyl become the primary narcotic analgesic in the field, because it causes less hypotension, respiratory sedation and mental status depression than morphine or meperidine. Also, its short duration of action would appear to be ideal for agencies that still have difficulty with emergency physicians who chastise use of narcotics that may mask symptoms of pain and hide illness or injury despite the overwhelming scientific opinion in the peer-reviewed medical literature that this is a myth.

Over here EMS only uses fentanyl for severe pain management. Morphine is now only used for cardiac astma as a vasodilator. Also, I like the way of calculating dosages for fentanyl (1 mcg/kg) and that it comes in 100 mcg/2ml ampules.

A suction device could be improvised with an 60ml syringe with NPA attached, but a res-qvac is just much quicker and easier. In an aid-bag such as yours, it would be a great addition.

# ZS ZSS FEED AUTHOR

#### First-Aid primer and medical disclaimer

"Trust me, I'm a Medic. This won't hurt.... Me. You, I'm not so sure - probably a lot.."



JIM

Posts: 1455

Joined: Sat Nov 10, 2007

8:30 am

Location: The Netherlands

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby JIM » Wed Aug 20, 2008 10:42 am

I've always geared my FAK's for wilderness applications, so paper tape never was a consideration. In that this FAK is really more of a general purpose/PAW kit, I suppose it would make sense to substitute out a roll or two in favor of Micropore.

# NOIII

Whatever the hell you do, do NOT use Micropor or any other paper-type tapes for your FAK or any other prehospital-application. It WILL fail on you.

You can get zinc-oxide tape, silk, plastic or even duct-tape.

Last edited by JIM on Thu Sep 11, 2008 9:21 am, edited 1 time in total.

# ZS ZSS FEED AUTHOR

#### First-Aid primer and medical disclaimer

"Trust me, I'm a Medic. This won't hurt.... Me. You, I'm not so sure - probably a lot.."



Organdonor

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by Organdonor » Wed Aug 20, 2008 10:53 am

### Paragon wrote:

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ZS DONOR Japan Tsunami

Posts: 545

Joined: Fri Feb 29, 2008

11:07 am

Location: Southeastern CT

wound suction? Between the 60cc and bulb syringes that I currently have in the kit, are there things this device would do that I can't do now, or would this simply make the task faster/easier?

Jim

It's a necessity in a code. When you're doing CPR and rescue breathing a lot of vomit comes at you... filling the airway, and spraying on you. Suction:

- 1. Keeps more vomit off of you.
- 2. Cleans out the airway so you can see to tube them.
- 3. Helps reduce the amount of crap the patient aspirates. They'll drown in their own vomit and blood.

The patient will vomit, and bleed. With all that crap in there, your fantastic blade kit will be useless, because you'll end up having to tube them blindly.

Also, those little hand-operated vacs are the shit. They actually work better than most of the battery operated portable suction units.



Organdonor ZS Donor - Silver

Posts: 545

Joined: Fri Feb 29, 2008

11:07 am

Location: Southeastern CT

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby Organdonor » Wed Aug 20, 2008 10:58 am

#### **&** JIM wrote:

Whatever the hell you do, do NOT use Micropor or any other paper-type tapes for your FAK or any other prehospital-application. It WILL fail on you.

0

0

You can get zinc-oxide tape, silke, plastic or even duct-tape.

I agree, to a point. 3M Micropore tape IS useless... but for light duty first aid, 2" paper tape is great. It's easy to apply and easy on the skin. We use it exclusively here at work (a wound care center). We have silk tape, but we deal with bandages that are changed daily, so silk is over kill.

Plus, whenever possibly we don't apply the tape directly to the skin. We wrap the wound with gauze, then tape the loose end of the gauze to the gauze already wrapped. That way there's no skin contact with the tape.



Ovationman ZS Member

ZZ MEMBER

Posts: 2639

Joined: Sat Nov 17, 2007

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by Ovationman » Wed Aug 20, 2008 1:30 pm

I would suggest a few meds to add to you collection. the first one would be Toradol as it can have the same pain relief factor as MS yet does not fuck the person up. Also if this is meant as a more long term care kit then IV/Oral steroids might be in order. You can even get them in premade blister pack for idiot proofing. I did not see any IV/IM antibiotics these would be really usefull if you have some that has a really severe infection/Septic shock. Looks really dam good, on par it would seem to even the Doc bag.

7:08 pm Location: Check VA



Paragon

Posts: 742

Joined: Sun Apr 13, 2008

11:06 pm

Location: Greensboro, NC

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by Paragon » Wed Aug 20, 2008 3:27 pm

#### **66** Ovationman wrote:

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If anything I'll probably switch to fentanyl when the morphine expires. Toradol (oral) appears that it should only be initiated with IV or IM dosing of ketorolac tromethamine first, so that would limit its attractiveness for me.

#### **66** Ovationman wrote:

Also if this is meant as a more long term care kit then IV/Oral steroids might be in order. You can even get them in premade blister pack for idiot proofing. I did not see any IV/IM antibiotics these would be really usefull if you have some that has a really severe infection/Septic shock.

Most IV/IM steroids and antibiotics require refrigeration, so I'll probably just stick with the oral AB's that I currently have. Deltasone (Prednisone) tablets on the other hand are an adrenocortical steroid that may be something to consider putting in my kit.

Jim

My standard (and supplemental) EDC

My Wilderness Ditch Kit

My STOMP II Medical Pack and ACLS Module

"Death awaits you all, with nasty big pointy teeth"

exon111 ZS Member

#### ZZ MEMBER

Posts: 606

Joined: Tue May 20, 2008

9:30 pm

Location: On the west coast

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby exon111 » Wed Aug 20, 2008 5:07 pm

#### **66** Ovationman wrote:

I did not see any IV/IM antibiotics these would be really usefull if you have some that has a really severe infection/Septic shock.

I second this. If you are dealing with a serious infection, you are really going to want some kind of IV / IM antibiotic. Ceftriaxone and ampicillin/sulbactam would be good choices because they don't require refrigeration. They come as a dry powder that you have to reconstitute with NS or some other compatible liquid.

http://www.walgreens.com/library/finddr ... in&id=3215

http://www.kabsdrugs.com/Prescription\_D ... ord=357053

Eagle Scout



GeneralDiscontent

Posts: 1184

Joined: Thu Aug 30, 2007

10:49 pm Location: Ohio

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

by GeneralDiscontent » Wed Aug 20, 2008 7:24 pm



...Paragon just 0wn3d everyone in the First Aid forum!



Amazing set-up, man.

Some of my write-ups you might find useful: My FAK, poncho mod, my BOAT, pressure canning, bulk food storage



**Ovationman** 7S Member

### ZZ MEMBER

Posts: 2639

Joined: Sat Nov 17, 2007

7:08 pm

Location: Check VA

# Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby Ovationman » Wed Aug 20, 2008 7:31 pm

"If anything I'll probably switch to fentanyl when the morphine expires. Toradol (oral) appears that it should only be initiated with IV or IM dosing of ketorolac tromethamine first, so that would limit its attractiveness for me."

I meant getting it as a IV IM drug not as oral but that would also be good. I just like the idea of controlling pain but also being able to get myself out of the shit I am in with a clear head.

### Re: Paragon's STOMP II Medical Pack (56k Warning!)

Dby painiac » Wed Aug 20, 2008 8:28 pm

#### **66** Paragon wrote:

I don't disagree with you (and painiac) on the Narcan. I will probably add a couple more of the 0.4mg/mL amps, or at least one of the 1mg/mL amps. Until then the 2.5mL bottle of

http://zombiehunters.org/forum/viewtopic.php?f=43&t=33826[27/11/2012 18:41:23]



painiac

Posts: 935

Joined: Mon Aug 11, 2008

1:19 am

Location: your crawlspace

Stadol NS (Butorphanol Tartrate) should deliver the equivalent of 15 doses of Narcan, no?

Stadol is an opioid analgesic with a potency about 5x that of morphine, and should be used as such. It is an opioid agonist AND an antagonist, but in my opinion except in the most extreme circumstances it should not be used exclusively for its antagonist effect in somebody who is overdosed on opioids because it can have its own additive effect. Its antagonist effect is really only particularly useful in reducing dependency on itself.

#### **&** Paragon wrote:

Isn't that kind of like saying that Coke is better than Pepsi? All of the QuikClot that I have is the newer (105°F) formulation, so burns are not an issue. Celox does seem to be a good product as well, although I do have the Hemcon in there if a PT is partial to seafood.

That should be good, then.

#### Paragon wrote:

The bandage pouch is something that I bought off eBay several years ago, so I'm not sure to suggest looking for one other than that. I have an additional one that is very similar (bright red) that is the basis of my GHB/BoB FAK.

Are there any identifying tags in it from the manufacturer? I'd very much like to get ahold of one.

### Paragon wrote:

Toradol (oral) appears that it should only be initiated with IV or IM dosing of ketorolac tromethamine first, so that would limit its attractiveness for me.

Yes, get fentanyl if you can. But do not forget that toradol is superb. I've seen it work in many cases (post-op patients) when morphine was ineffective. Toradol is a powerful NSAID for short-term use (up to 5 days only). The problem with opioid analgesics, aside from all of their dangerous side-effects, is that they do not last very long. You need toradol, it is very effective when given IM. With just a little training, IM injections are not difficult. Just never give them in the ass because there's a danger of jabbing the sciatic nerve, causing permanent damage. The deltoid is ideal, and the vastus lateralus (middle third of the outer thigh) is a good injection site as well.

#### **66** Paragon wrote:

Most IV/IM steroids and antibiotics require refrigeration, so I'll probably just stick with the oral AB's that I currently have.

Most IV antibiotics are available as a vacuum-packed powder in a sealed vial that is reconstituted with saline or sterile water. Shelf life is very long with these. The ADD-Vantage vial is a wonderful system for antibiotics, too, but won't be as cheap. You pop the caps, screw the vial of powder directly onto the special bag of IV fluid, pop the stopper into the bag, and reconstitute the powder right in the bag. It's a closed system once attached so it remains sterile as long as you do it properly. Check it out: http://www.hospira.com/Products/ADDVantageSystem.aspx

"If only there were evil people somewhere insidiously committing evil deeds and it were necessary only to separate them from the rest of us and destroy them. But the line dividing good and evil cuts through the heart of every human being. And who is willing to destroy a piece of his own heart? " - Solzhenitsyn, The Gulag Archipelago 



Gunny

ZZ MEMBER

Posts: 11084

Joined: Sun Sep 04, 2005

9:33 pm

Location: Austin, TX



# Re: Paragon's STOMP II Medical Pack (56k Warning!)

□ by **Gunny** » Wed Aug 20, 2008 10:32 pm



...Paragon just 0wn3d everyone in the First Aid forum!



Amazing set-up, man.

Have you even heard of Doc Simon?

**BOB** (Bug Out Bag) Squad Level Trauma Bag/IFAK (Individual First Aid Kit)

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